



# Adult Health Record

I 10

\_\_\_\_\_ (Name of the pet)

The following tables can be used to record basic data and procedure information that pertain to your pet. Table #1 is for recording information about your pet when it is healthy. This data should be taken while the pet is AT REST, at different times, and on different days. After several days of recording this information, an average for the pet can be calculated. When problems arise, use the physical exam sheet on page I 632 of the Appendix to evaluate the cat. The “normal, resting numbers” on this page can then be compared to the numbers recorded on the physical exam sheet. For help on the proper ways of obtaining the following information, refer to the pictures and captions in Section B of this manual. Table #2 is where medications and supplements can be recorded. Table #3 is where vaccinations and de-worming procedures can be recorded. Surgeries and problems can be recorded on table #4.

Table #1

Average

Date:							
Weight							
Heart Rate (Beats/Min)							
Respiratory Rate (Breaths/Min)							
Temperature (Degrees Fahrenheit)							
Capillary Refill Time (CRT) in Sec.							
Mucous Membranes (M=Moist, P=Pink, D=Dry, R=Red/inflamed, Pa=Pale)							

Table #2

Medication or Supplement	Problem Being Treated	Dosage and Frequency of Administration	Route Given PO=Oral, IN=Intranasal, IM=Intramuscular, SQ=Subcutaneous, IV=Intravenous	Response to Treatment



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Table #3

<b>Procedure Performed</b> (Vaccination, de-worming, heartworm prevention, etc. Include manufacturer and lot #)	<b>Date</b>	<b>Administered By</b>	<b>Route Given</b> PO=Oral, IN=Intranasal, IM=Intramuscular, SQ=Subcutaneous	<b>Where Given</b> Neck, back, left hind leg, right hind leg, shoulder, etc.	<b>Problems or Reactions</b>

Table #4

<b>Past Problem or Surgery</b>	<b>Date of Problem or Surgery</b>	<b>Treatment or Type of Surgery</b>	<b>Response to Treatment or Surgery</b>